



A Message Fran Sykora



Volume 41, Issue IX

Inside this issue:

A message from Fran Sykora & Jeanne Walsh	1 & 7
Calendar of Events	2
Chippewa County HCE Information	2
Executive Board Minutes	3 & 4
Club News & Highlights	5
Wisconsin Bookworms™	6
Special Interest	6
HCE Scholarship	6
Recent Events	7 & 8
Impact of HCE Form	10
June Dairy Day Flyer	11



Hi Everyone:

I think I can safely say "Spring has Sprung". Wow, what a long and cold winter we had.

I want to thank all those who attended our Spring Conference. We have 11 entries going to the State Arts and Craft Contest and one entry in the special category. Good Luck to all of you.

Our Salad luncheon went well. Thanks to the Albertville and Longview Clubs for doing such a good job organizing it. We had a good variety of salads and bars for the luncheon and very good items for the White Elephant Auction. We did well on the baskets and items that were donated by the clubs for the Silent Auction. Special thanks to Connie Harmon, our auctioneer, and her helpers Helene Anderson and Barb Topper.

We picked our two scholarship winners at our May Executive Board meeting. Hailey Durand-Christianson and Scott Wild Jr. will each receive \$400 when they turn in their grades and second semester classes to us in January.

We had our last HCE breakfast May 10th at the Family Restaurant. We will start again in September.

I received a phone call and we don't need to collect empty pill bottles anymore. Guess it was a great success. You will need to recycle them from now on. Thanks for your cooperation with this project.

Hope to see you at our FLE, Jeanne Walsh, lesson on "Food Wise to Reduce Waste" on May 24th at the Courthouse at 1:00 p.m.

Have a safe and fun summer. See you all again in September.

Fran Sykora
Chippewa County HCE

Calendar of Events 2018

May

- 1 **Executive Board Meeting**, 1:00 p.m., Courthouse - Room 16
 10 **HCE Breakfast**, 9:30 a.m., Chippewa Family Restaurant
 24 **Special Interest** "Be Food Wise to Reduce Food Waste", 1:00 p.m., Room 16
 28 **Memorial Day**
 * **Bakeless Bake Sale**

June

- 1 **Impact of HCE forms** due to the Extension Office
 1 **HCE Healthy Lifestyle forms** due to the Extension Office

Office

July

11-15 **Northern Wisconsin State Fair** - WI Bookworms reading at the fair



WE ARE NO LONGER COLLECTING EMPTY PILL BOTTLES .
 Please recycle them.

CHIPPEWA COUNTY HCE INFORMATION

2017-8 EXECUTIVE BOARD MEMBERS

President: *Fran Sykora (715-288-6859)*
 President-Elect: *OPEN*
 Vice President: *OPEN*
 Secretary: *Alberta Koneazny (715-226-1991)*
 Treasurer: *Dorothy Kaiser (715-289-3279)*

Educational Program Chairmen

Family & Community Outreach: *OPEN*
 Scholarship: *Helene Anderson (715-874-5207)*
 Historian: *OPEN*
 Cultural Arts: *Dolores Schryver (715-874-5920)*
 Membership: *Winnie Joos (715-835-8991)*
 WI Bookworms™: *Jean Cronquest (715-289-3497)*
 International: *OPEN*

2018 CLUB PRESIDENTS

Albertville	Bonnie Pederson	715-962-3246
Cadott		
Happy	Helen Bowe	715-288-6595
Longview	Julie Brindle	715-874-6716
OK	Jean Cronquest	715-289-3497
Pleasant Hour	Maryann Ludwigson	715-723-1583
Trout Creek		
Unlimited	Janell Bromeisl	715-723-7926

UW-Extension Office, 715-726-7950

Jeanne Walsh, Family Living Agent, jeanne.walsh@ces.uwex.edu
Heather Lubs, Administrative Assistant III, heather.lubs@ces.uwex.edu

Newsletter Deadline

Information for the HCE Newsletter is due by the 15th of the month, for the next month's newsletter.

Please forward your club paperwork to the Extension Office for updates on any Club Information.

Executive Board Minutes

**Chippewa County Association
Home and Community education
Executive Board Meeting
March 6, 2018
Courthouse, Extension Board Room**

The meeting was called to order by Fran Sykora with the Pledge to the Flag, followed by the Creed. Roll call was taken with the following present: Fran Sykora, Alberta Koneazny, Dorothy Kaiser, Jean Cronquest and Jeanne Walsh.

Secretary's report was read and approved.

Treasurer's report was read and approved.

Fran had a bill for coffee and cups which was paid.

Reports

Jean Cronquest said reading for bookworms starts April 3rd.

Dolores Schryver has everything ready for Arts and Crafts contest on April 6, 2018.

Jeanne trained United Way and Head Start people on the program "Taking Care of You". At Job Centers she does workshops on finances, finding a job and taking care of you. Joseph, an employee of the Extension Office and Jeanne are involved with another program. "Hope, Healing and Health" given to Human Services in Chippewa County.

Unfinished Business

The Mardi Gras/Valentine Party went well and ten members attended.

Some of the Executive Board members are going to the Spring District meeting on April 19th.

Decorations for the Spring Conference will be put up on April 5th around 3:00. Stop by Faith Lutheran church if you want to help.

Everything is a go for the Salad Luncheon which is April 28th at Christ Lutheran Church.

Jeanne Walsh will be putting on the Special Interest "Recycle and Upcycle" on March 22th.

New Business

Members are going to put the fleece blankets together for a service project sometime in September.

The date has been set for the Special Interest program in May. "Food wise to Reduce Waste" will be held May 24th. Jeanne Walsh will lead the presentation.

Breakfast at Chippewa Family Restaurant on March 8th at 9:30.

Meeting closed with Prayer Creed

Submitted by:
Alberta Koneazny, Secretary

Impact of HCE

For 2018 we would once again like you to keep track of your Volunteer Hours. **Remember, these hours must be activities directed by HCE.** They started on June 1, 2017, and go to May 31, 2018. Report form can be found in this newsletter or on the WAHCE www.wahceinc.org website under Awards Forms & Info.

Please submit your completed form to the Chippewa County UW-Extension Office by June 1, 2018.

Totals for 2017 were very impressive!

33 Counties participated:

Time: 49,258 hours
Outreach: 58,221 hours
Donations: \$99,919

Executive Board:

Time spent: 4,445 hours
Donations: \$37,097

Grand total:

Time Spent: 111,924 hours
Donations: \$137,016

Keep up the GREAT WORK. Looking forward to 2018!

The April Executive Board meeting took place after the Spring Conference.

Roll call was taken with the following present: Fran Sykora, Alberta Koneazny, Dorothy Kaiser, Jean Cronquest, Helene Anderson and Dolores Schryver.

Secretary's report was read and approved.

Treasurer's report was read and approved.

Bills for Spring Conference were submitted and paid.

Reports

Jean Cronquest had nothing new to report.

Dolores Schryver is working on getting a project for the Craft and Hobby Workshop in October.

Helene Anderson talked about the scholarships. We will be selecting them after our May 1 Executive Board Meeting.

Unfinished Business

Three executive board members are going to the Spring District meeting on April 19th in Roberts, Wisconsin.

Board members thought the Spring Conference went well.

The Salad Luncheon on April 28th at Christ Lutheran Church is all set up.

New Business

Breakfast at the Chippewa Family Restaurant will be April 12th at 9:30.

Jeanne Walsh will be presenting the special interest on May 24th entitled "Food Wise to Reduce Waste".

Meeting closed with the Prayer Creed.

Submitted by: Alberta Koneazny, Secretary



Good to Know...

Pressure Canner Testing

The Chippewa County Extension Office will be testing pressure canner gauges on the following dates:

May 22, 2018 from 9:00 a.m. - 12:00 p.m.

June 5, 2018 from 100 p.m. - 4:00 p.m.

For testing, all that needs to be brought into the Extension Office is the lid with dial gauges.

Cookbooks are still available for purchase. They are \$5.00 each! Please stop by the Extension Office and buy one for a gift, yourself or donation.

Albertville: The March meeting was held with discussion regarding bingo items to the Colfax Nursing Home. Reminder of the Salad Luncheon/Auction, Spring Conference and the Special Interest Session. Bonnie P read "Life Lessons from the Peanuts Gang".

The April meeting was held with discussion regarding the upcoming Salad Luncheon/Auction. We are in charge of the kitchen/meal. Food assignments were determined. Bring bingo prizes for the Colfax Nursing Home to the May meeting. Turn in exercise information by June 1 to the Extension Office.

Longview: The March meeting was held with old business discussions regarding the Valentine/Mardi Gras party; would have liked to see more members attend. New business discussions included a reminder to attend Spring Conference and participate in the Cultural Arts Contest. Members were also reminded to fill out their HCE Healthy Lifestyle Surveys and send to the UWEX Office. A reminder was also provided that our club will be hosting the Salad Luncheon and White Elephant Auction on April 28th in partnership with Albertville HCE Club. Members volunteered for their contributions to the conference. Discussion occurred on if the club should continue to donate hygiene items to the Family Center or donate them to Foster Families. Dolores will explore and report back at the April meeting.

The April meeting was held with old business discussions regarding the Spring Conference. New business discussions included the Salad Luncheon/Auction. Dishes to pass were determined. Vote was made to purchase items to donate to the Family Resource Center in Chippewa Falls. Dolores S passed out handouts from the recent Special Interest Session on "Recycling and Upcycling".

OK: The February meeting was held with old business discussions reminding members to bring old medicine bottles to the Spring Conference and a reminder of the club's hosting responsibility for the Fall Banquet. New business discussions included collections of registrations for Spring Conference, review of the FLE programs, and Bookworms involvement at the fair. Additional discussions included dishes to bring to the Spring Conference and the club's basket theme.

The April meeting was held with old business discussions reminding members to keep collecting pill bottles, Salad Luncheon, gift basket items and the dishes to share for the luncheon. New business discussions included the Fall Banquet, identity theft and the club's May outing of lunch and a movie. Sharee B then shared some thoughts of the 1930's with the group.

Pleasant Hour: The February meeting was held with recap of Mardi Gras and Valentine's Party, reminder to turn clocks back in March and a reminder of the HCE Breakfast. The March Special Interest titled "Recycle and Up-cycle" which will provide interesting knowledge. A reminder was provided about the Spring Conference. Reservations will need to be made. Everyone was reminded to bring a personal care bag to the March meeting.

The March meeting was held with old business discussions regarding the recent HCE Breakfast and Special Interest Session on "Recycling and Upcycling". Beth C provided handouts. New business discussions included the upcoming Salad Luncheon/Auction, gathering of plastic and paper bags in addition to personal care items. Articles discussed included "The Seven Worst Things You Can Do to Your Heart" from the AARP Magazine and "Decluttering, Swedish Style, Death Cleaning Helps You Help Your Loved Ones."

The April meeting was held with discussions regarding the delivery of the personal care bags from last month. Recap of Spring Conference, determined dishes to pass for Salad Luncheon/Auction, recap of the April HCE breakfast, reminder of the May HCE breakfast, recent movie seen by member and the next meeting that will include the invitation of HCE President, Fran S. An article was read to the group from the AARP Magazine on "New Medicare Cards".

Unlimited: The March meeting was held with discussions on the Mardi Gras/Valentine Special Interest, Spring Conference plans and Cultural Arts entries. Discussed salad each will bring to the Spring Conference. The Club will assemble a beverage basket for the Conference as well. Those in attendance exchanged green gifts from their secret pals.

Greetings and Happy Spring from Jean and Wiggly, the Wisconsin Bookworm

Wiggly is now wide awake from his winter hibernation and is ready to continue our Spring reading session. Books two and three are both fun to read as well as providing some great ideas to share with the children.



"What Will the Weather Be Like Today?" is written by Paul Rogers and illustrated by Kazuko. The book helps to teach children about different types of weather, different animals and climates found in the world. It is written like a poem and the simple illustrations and colorful details help children appreciate the importance of each. The book explores many different kinds of weather as well as explaining how, at different times and in different parts of the world, these various kinds of weather can be found. It is cleverly written, for example: "Wet" says the duck, "is the weather for me." "Weather? What's that?" say the fish in the sea." It can lead into discussions on many subjects, such as activities that can be done in different kinds of weather, animals that live in different climates, and predicting the weather.

"Bear and Duck" is written and illustrated by Katy Hudson. It is the story about a bear that does not want to be a bear any longer. He sees a line of happy yellow ducklings and wonders if he could be a duck. After some lessons from Duck, Bear soon learns that being a duck can be fun, but realizes that he makes a really good bear. The illustrations showing the bear's feelings are wonderful. The book celebrates friendship and unique qualities of individuals, and teaches a lesson on how to be a good friend.

We hope that you are enjoying the Spring weather,
Wiggly and Jean Cronquest, Wisconsin Bookworms Chair

Special Interest

Be Food Wise to Reduce Food Waste Thursday, May 24, 2018 1:00 p.m. - Courthouse Room 16

Did you know that we waste 40% of the food we buy? Join Jeanne Walsh as she provides an educational presentation on "Be Food Wise to Reduce Food Waste" on May 24 at 1:00.

Come join her to learn about where food waste comes from, who is responsible, why it's a problem and what can be done to reduce it. Please bring with any ideas you have read about or tried for reducing waste, and get ready to "Get Smart: Take the Food Waste Challenge."

HCE Scholarship

The Executive Committee met on Tuesday, May 1 to select two youth to receive the HCE Scholarship for their continued education. Each youth will be awarded \$400.00 following their first semester of continued education.

Out of 32 applicants, Hailey Durand-Christiansen from Colfax High School and Scott Wild, Jr from McDonell Catholic High School were chosen to receive this generous award. Congratulations to both youth on their achievements and best wishes on their future endeavors.



Recent Events

Congratulations to the HCE members with their winning cultural art entries to represent Chippewa County at the State Conference in September 2018.

Dona Wildenberg

Janet Bauer, Longview

Bernadine Jackson, OK

Donna Diermeyer, Unlimited

Dorothy Kaiser, OK

Helene Anderson, Longview

Val Kolo, Longview

Deone Jorstad, Individual

Jane Kragness, Longview

Beaded bouquet and a recycled and redesigned blazer

Recycled mittens from a sweater and knitted sweater

Patriotic red, white and blue afghan

Turquoise and orange crocheted table topper

Framed cross-stitch of chickadees

Oil Painting of a 1920 train station

Pastel painting of angels

Vintage doilies and pink roses on a black board

Pieced lap quilt



Message from Jeanne Walsh

I enjoyed our HCE Spring Conference on April 6. It was wonderful to meet with all of you, learn from you, and share lunch. Special thanks to Tammy Peacock from Public Health, who taught us about personal alert systems.

See you on the 24th!

Jeanne Walsh

Chippewa County UW-Extension Family Living Educator

Recent Events (cont'd)

Chippewa County HCE members gathered at Christ Lutheran Church for their annual Salad Luncheon and Auction on April 28, 2018.

After a bountiful luncheon, the ladies settled back for the auction. Members were joyed by the many white elephant items and gift baskets to bid on. This event is the annual fundraiser for the HCE Scholarship program. There were 39 attendees and 8 baskets that were auctioned. Thank you to everyone for supporting and helping with this event.





Impact of HCE -- 2018

HCE Club Member Contribution Report



To recognize the achievements and contributions of HCE members, each member is asked to complete the following sheet. Information will be compiled into an "Impact of HCE" Report. The dates for the report for 2018 are June 1st 2017 to May 31st 2018. Please give your reports to your Club President or your County so they can be compiled. **Counties will put everything together on the County Form and send to Veronica Sustar, WAHCE Vice President for Family and Community Life by June 10th 2018. Thank You!**

Contact information (will not be shared, for record keeping only)

Club Member's Name: _____

County: _____

Club: _____

In the past year please indicate the number of times you attended and the amount of time you gave for the following:

Event	# Attended	Time Spent
County HCE Executive Board Meetings	_____	_____
County HCE Spring Event(s)	_____	_____
County HCE Fall Event(s)	_____	_____
County HCE Educational Sessions	_____	_____
HCE Club Meetings	_____	_____
HCE District Meetings	_____	_____
HCE State Meetings	_____	_____
		TOTAL _____

Please list any fundraising activities you were involved with on behalf of HCE.
(example: bake sale at the bank for HCE))

Fundraising Activity	Time Spent
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Please list any community outreach activities that are directly related to HCE.
(example: Bingo at the nursing home for HCE))

Community Outreach	Time Spent
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Please list the value of any **individual donations** (monetary or otherwise) you made for HCE.
Note: Club donations will be obtained from Club Treasurer. (Example: crocheted baby blanket for HCE)

Donations	Estimated Dollar Value
1. _____	_____
2. _____	_____
3. _____	_____
	TOTAL _____

Chippewa Falls Farmers Appreciation Dinner

20  18

June Dairy Day Dinner

Presented by the Chippewa Falls Area Chamber of Commerce

**GOOD
FOOD & FUN**

Northern Wisconsin
State Fair Grounds
225 Edwards Street, Chippewa Falls

TICKETS \$6

**WEDNESDAY
JUNE**

20 5pm-
8:30pm

CHICKEN DINNER



MUSIC



KIDS AREA



ROOT BEER FLOATS

Since 1970, the Chamber has celebrated the continued success of local farmers with a Farmer Appreciation Dinner. We recognize that agriculture, especially dairy farming, has historically been the linch-pin of the Chippewa Valley economy.