



A Message Fran Sykora



Volume 41, Issue XI

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WE'RE WINDING DOWN!!

Our HCE year is quickly coming to the end. We had a very good year. We accomplished a lot thanks to all of you.

October was very busy. Our Fall Banquet was October 20th and we honored Hele-ne Anderson and Carol Peck for being in HCE for 65 years. Congratulations to you both. A memorial was held for Marcella Greenwood who passed last January. She was a very loyal member and will be missed.

The Hobby and Craft workshop was very interesting. Donna Wildenberg showed us how to paint a doily and make a gift card bag out of an envelope. Linda Sblendorio demonstrated the making of a deco mesh wreath and Jill Bahr showed us the many pairs of earrings she made from a variety of things—buttons, feathers and stones to name a few. Thanks Dolores for organizing this full afternoon. If you didn't attend you missed a good session.

We had a baby girl born on Monday of HCE Week. Who knows, she might be a future HCE member. I delivered our basket of goodies on that Wednesday and Mom was very appreciative. Dolores Schryver did a great job of setting up the display for HCE Week in the Chippewa Falls Public Library. Hope you got a chance to stop and see it.

On November 8th, we gathered in the Courthouse Assembly Room and tied 46 fleece blankets that we donated to the Legacy Community Center in Chippewa Falls. Was a good afternoon of tying, chatting and having coffee and snacks. Thanks to all who worked on this project.

We read our 4th book at Head Start in Chippewa Falls. It was a book with no words. Very interesting! The last four books will be read in the spring. Thanks to all our readers.

We have our program ready for 2019 and this month you will be paying your dues and filling out your program books for next year. Should be another interesting year.

(continued on page 3)



Calendar of Events 2018

December

4 Executive Board Holiday Party, 11:00 a.m., Bridgewater Restaurant

January

2 Executive Board Meeting, 1:00 p.m., Courthouse
10 HCE Breakfast, 9:30 a.m., Chippewa Family Restaurant
24 Special Interest, 1:00 p.m., Taking Care of You,
 Courthouse, Room 16

February

5 Executive Board Meeting, 1:00 p.m., Courthouse
14 HCE Breakfast, 9:30 a.m., Chippewa Family Restaurant



WE ARE NO LONGER COLLECTING EMPTY PILL BOTTLES .
 Please recycle them.

CHIPPEWA COUNTY HCE INFORMATION

2017-8 EXECUTIVE BOARD MEMBERS

President: *Fran Sykora (715-288-6859)*
 President-Elect: *OPEN*
 Vice President: *OPEN*
 Secretary: *Alberta Koneazny (715-226-1991)*
 Treasurer: *Dorothy Kaiser (715-289-3279)*

Educational Program Chairmen

Family & Community Outreach: *OPEN*
 Scholarship: *Helene Anderson (715-874-5207)*
 Historian: *OPEN*
 Cultural Arts: *Dolores Schryver (715-874-5920)*
 Membership: *Winnie Joos (715-835-8991)*
 WI Bookworms™: *Jean Cronquest (715-289-3497)*
 International: *OPEN*

2018 CLUB PRESIDENTS

Albertville	Bonnie Pederson	715-962-3246
Cadott		
Happy	Marian Michels	715-288-6891
Longview	Julie Brindle	715-874-6716
OK	Jean Cronquest	715-289-3497
Pleasant Hour	Maryann Ludwigson	715-723-1583
Trout Creek		
Unlimited	Roberta Culbert	715-723-7538

UW-Extension Office, 715-726-7950

Jeanne Walsh, Family Living Agent, jeanne.walsh@ces.uwex.edu
Heather Lubs, Administrative Assistant III,
heather.lubs@ces.uwex.edu

Newsletter Deadline

Information for the HCE Newsletter is due by the 15th of the month, for the next month's newsletter.

Please forward your club paperwork to the Extension Office for updates on any Club Information.

A Message Fran Sykora (cont'd from cover)

According to the calendar, it is still fall but you wouldn't know it when you walk outdoors. Brrrr, it is so cold. Think it is going to be a L-O-N-G winter. Try to keep warm! Good time to stay inside and work on your Arts and Craft projects for next year's contest.

Thanks for all your participation and help in the many projects we held this year. Couldn't have done it without all of you! Thanks to my Executive Board members for the great job you all did. Thanks also for taking over when I couldn't be there. Thanks to Jeanne Walsh, our FLE, and Heather Lubs, Administrative Assistant, for all your help and for putting up with all our demands. You are the BEST!!

I want to wish all of you and your families a Happy Thanksgiving, a Blessed and Merry Christmas and a Happy New Year. See you in 2019!

Fran Sykora
Chippewa County HCE

WHAT IS AN INDIVIDUAL HCE MEMBER?



An individual HCE member is an individual who wants to belong to the County Home, Community and Educational Association but does not belong to a specific club. They pay \$7.00 for yearly dues and can attend all HCE functions that we have - the special interest meetings, spring conference, fall banquet, craft and hobby workshop, salad luncheon and enter projects they have made in the County Arts and craft contest.

They receive our monthly newsletters and can request our yearly program book from the Extension Office.

They are also eligible for the yearly awards we give out for 25, 50, 60, and 65 years of being a HCE member. If they would like to visit a club meeting, they can call the president or another member and ask permission to attend their meeting. If the County Executive Board needs help with a project we can call on the individual

HCE Week

The first baby born during HCE Week in Chippewa County arrived Monday, November 5, 2018 at St. Joseph's Hospital. It was a girl, Kinsley, born to Tiffany and Dan DePriest of Chippewa Falls. The basket of goodies from the Chippewa County HCE was delivered on Wednesday. They were very appreciative. Maybe she will be a future HCE member!



Albertville: The May meeting was held with review of the Spring Luncheon/Auction, special interest session on "FoodWise to reduce Waste". A reminder was provided regarding the summer picnic and the monthly HCE breakfast.

The September meeting was held with reminder of the special interest session on the 20th. Reminders were provided for the October Craft & Hobby Workshop, HCE Breakfast and the next club meeting.

The October meeting was held with a discussion on the Fall Luncheon, HCE Breakfast and the Craft & Hobby Workshop.

Happy: The September meeting was held with discussions on who will attend the Special Interest session on Irvine Park's Christmas Village. Our club will be making centerpieces for the Fall Banquet. Ideas for new special interest sessions were discussed.

Longview: The September meeting was held with Dolores recalling members years of membership. Helene Anderson will be celebrating 65 years this year and Janet Nuenke will be celebrating 40 years. The group provided some suggestions on future special interest sessions. Following the meeting some members exhibited their cultural arts projects to the other members.

The November Meeting was held with recognition of Helene Anderson receiving her 65 year membership pin and certificate at the Fall Banquet on October 20th. At our November meeting, bakeless bake sale was collected. Officers for 2019 were nominated. Program books for 2019 were filled out also. Dolores showed her colorful doily and demonstrated how to make an "Art Deco Mesh Wreath".

Unlimited: The September meeting was held with the collecting of club dues and the summer picnic at the park. Plans were made for members to make their own name tag and send their own registrations for the Fall Banquet. The meeting wrapped up with recognition of this month's wedding anniversaries and birthdays.

The November meeting started with breakfast followed by our monthly meeting. Elections were held. Calendars will be filled in with events. Donations were voted on and include Bookworms, Spirit of Christmas and the Christmas Village. The special October Special Interest was discussed. The afternoon concluded with blanket tying as a special project.

Wisconsin Bookworms™

Greetings from Jean and Wiggly, the bookworm,

Our Fall reading session has already begun. We had a wonderful group of helpers to sort and put the necessary information into the books. Thank you all so much for making this job easier. I hope that all of you enjoyed the fun and conversation as much as I did.

The second book we are reading is "A Box Can Be Many Things" written by Dana Meachen Rau and illustrated by Paige Billin-Frye. The book describes what happens after a mother throws away a large box and a girl and her brother pull it out of the garbage. They pretend it is a cave, car, house and cage. Even when it lies in pieces on the ground, their imaginations lead them to even more inventive uses for the box. It is a great chance to discuss the fun of pretending and being creative with whatever you have to work with.

Our third book is "Is Your Mama a Llama?" written by Deborah Guarino and illustrated by Steven Kellogg. The story tells about Lloyd the llama's search for his mother. He asks a bat, swan, cow, seal, and a kangaroo before he finally finds the answer he is looking for. The book is filled with rhymes as well as riddles, and the illustrations of animals and babies are delightful.

As I am writing this, the Fall colors are breathtaking. I hope you have enjoyed them as much as I did.



Message from Jeanne Walsh

With the holidays fast approaching, just a reminder of how to safely handle and cook meat. I look forward to seeing all of you at Taking Care of You on January 24. Happy Holidays!

Wash Your Hands: Not Your Poultry

Poultry (chicken, turkey, duck) and other meat should **not** be washed before cooking. Washing poultry and other meat spreads germs to other areas of the kitchen, and is not effective at removing bacteria that may be present. A study published in the *International Journal of Food Microbiology* illustrates why it's a bad idea to wash meat and poultry. Researchers inoculated chicken pieces with a human pathogen, *Campylobacter jejuni*, and tried to rinse the bacteria off with water. The inoculated pieces were individual middle-sections of a chicken wing. Even after rubbing **each segment** by hand for **2 minutes**, almost no bacteria were removed from the surface – and they were working on a pretty small area and scrubbing, not rinsing. Over the years, research has shown that bacteria readily stick to poultry meat and skin, and can hide in the many cracks and crevices on a poultry carcass, making it difficult to remove any type of bacteria from poultry just by rinsing. [Park et al. 2002. International Journal of Food Microbiology. 72:77-83].



Jeanne Walsh
UW Extension Family Living Educator- Chippewa County

Cultural Arts

HCE members enjoyed the Hobby & Craft Workshop, October 25th at the courthouse. We were shown how to make an “Art Deco Mesh Wreath” and many of us are making them for the holidays. Dona Wildenberg provided doilies and permanent markers for us to color doilies. Linda Bahr displayed her artistic earrings that she has made.

Our beautiful Cultural Arts was on display at the Chippewa Falls Library on HCE week November 5-10, 2018.

