



Extension
UNIVERSITY OF WISCONSIN-MADISON



Chippewa County
Courthouse, Room 13
711 N. Bridge Street
Chippewa Falls, WI 54729

A Message Fran Sykora



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Hi Everybody:

I am sitting here looking outside and it is so beautiful with all the snow, but then I stick my nose out the door and I get frost bit. Brrrrr it is so cold. There is no shortage of snow and cold weather so far this year, and we haven't come to the first day of winter yet. Hope this is not an indication of what is yet to come!

In September, Jeanne Walsh gave a very interesting lesson on Exercise for Seniors. We had fun doing the exercises and received a good book showing the various ones that we can do at home.

On October 19, we held our Fall Banquet. We had two members, Jane Kragness and Sharon Rowan, receive 50 year pins and Norma Ausman and Grace Kruezfeldt received 65 year pins. Congratulations to all of you. We also had a memorial for Dolores Hebert, Geraldine Goulet, Jan Drais and Pat Kuester who past away this past year.

We celebrated HCE Week with a display at the Chippewa Falls Public Library which Dolores Schryver organized. Thanks for the great job you did Dolores. We also had a baby born that week. The parents requested that their name not be released. All we know is that we had a baby. No name, gender or when it was born. The hospital staff did say they enjoyed the basket and sent their thanks to us.

We had a fun Craft and Hobby workshop on November 14. The ladies made a wall decoration. See photos within the newsletter.

Your Executive Board held their Christmas party on December 3 and we gave a monetary donation to the Feed My People program.

We are taking off for the month of January. No Board meeting, no special interest and no breakfast. Last year we cancelled everything we had in January. Your club is welcome to have your own special interest project.

The committee for the Salad Luncheon for 2020 is the Albertville and Longview clubs and for the Fall Banquet, the Pleasant Hour and Unlimited clubs will be in charge.

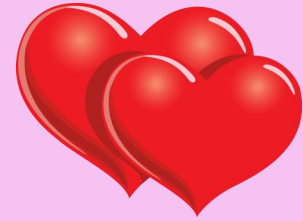
STAY WARM!!!!!! And I will talk to you again in the Spring.

Have a Merry Christmas, Happy New Year, Happy Valentine's Day, Happy St Patrick's Day and Happy Easter.

Fran Sykora



Calendar of Events 2020



January

No HCE Executive Board Meeting
No HCE Breakfast
Club Choice for Special Interest

February

4 HCE Executive Board Meeting, 1:00 p.m., Courthouse Room 16
13 HCE Breakfast, 9:30 a.m., Chippewa Family Restaurant
20 Bingo Party, 1:00 p.m., Chippewa Courthouse, Room 13, Extension Office

March

3 HCE Executive Board Meeting, 1:00 p.m., Courthouse Room 16
12 HCE Breakfast, 9:30 a.m., Chippewa Family Restaurant
12 Special Interest, "Cooking for 1 or 2", 1:00 p.m., Courthouse Room 13, Extension Office

April

3 Spring Conference, 9:30 a.m., Chippewa Courthouse, Room 119Q
 Arts & Crafts Contest
 Speaker on Taking Care of your trees and shrubs
9 HCE Breakfast, 9:30 a.m., Chippewa Family Restaurant

CHIPPEWA COUNTY HCE INFORMATION

2020-21 EXECUTIVE BOARD MEMBERS

President: *Fran Sykora (715-288-6859)*
 President-Elect: *OPEN*
 Vice President: *OPEN*
 Secretary: *Alberta Koneazny (715-226-1991)*
 Treasurer: *Dorothy Kaiser (715-289-3279)*

Educational Program Chairmen

Family & Community Outreach: *OPEN*
 Scholarship: *Helene Anderson (715-874-5207)*
 Historian: *OPEN*
 Cultural Arts: *Dolores Schryver (715-874-5920)*
 Membership: *Winnie Joos (715-835-8991)*
 WI Bookworms™: *Jean Cronquest (715-289-3497)*
 International: *OPEN*

2020 CLUB PRESIDENTS

Albertville	Beverly Harper	715-874-5587
Cadott		
Happy		
Longview	Julie Brindle	715-874-6716
OK	Jean Cronquest	715-289-3497
Pleasant Hour	Maryann Ludwigson	715-723-1583
Trout Creek		
Unlimited	Sue Plourde	715-723-1919

UW-Extension Office, 715-726-7950

Jeanne Walsh, Family Living Agent, jeanne.walsh@wisc.edu
Heather Lubs, Administrative Assistant III, heather.lubs@wisc.edu

Newsletter Deadline

Information for the HCE Newsletter is due by the 15th of the month, for the next month's newsletter.

Please forward your club paperwork to the Extension Office for updates on any Club Information.

**Chippewa County Association
Home and Community Education
Executive Board Meeting
October 1, 2019
Courthouse, Room 16**



The meeting was called to order by Fran Sykora with the Pledge to the Flag, followed by the Creed.

Roll call was taken by the secretary with the following present: Fran Sykora, Dorothy Kaiser, Alberta Koneazny, Jean Cronquest and Helene Anderson.

Secretary's report was read and approved.
Treasurer's report was read and approved.
Bills were paid.

Reports

Jean Cronquest gave a report on Bookworms. The bookworm books are at the courthouse. Readers are receiving their books and the schedule for reading at Head Start locations for Fall has been made. Jean hasn't made a decision about reading to Cadott yet.

The Craft and Hobby Workshop will be held November 14 in Room 16 of the Chippewa County Courthouse.

Unfinished business

Fall Banquet will be held on October 19 at 12:00 p.m.

at Christ Lutheran Church.

We will give the State Cultural Arts chairman a thank you gift. She picked up Chippewa County arts and crafts from Dolores's house and brought them to the State Convention.

New Business

Fran and Alberta will be going to the Northwest District meeting in Siren on October 10, 2019.

We will be doing the baby basket during HCE week (November 3-9) again.

Because of Northwest District meeting, breakfast for October is cancelled.

Starting in January, the club will be collecting plastic bags plus soft plastic of any kind. Plastic can be made into benches.

Spring Conference will be moved to the courthouse. Snacks will be provide and there will be a speaker. More details will follow.

Meeting closed with Prayer Creed.

Submitted by: Alberta Koneazny, Secretary

**Chippewa County Association
Home and Community Education
Executive Board Meeting
November 5, 2019
Courthouse, Room 13**



The meeting was called to order by Alberta Koneazny with the Pledge to the Flag, followed by the Creed.

Roll call was taken by the secretary with the following present: Dorothy Kaiser, Alberta Koneazny, Jean Cronquest and Jeanne Walsh.

Secretary's report was read and approved.
Treasurer's report was read and approved.
Bills were paid.

Reports

Jean Cronquest gave a report on Bookworms. Head Start in Boyd has finished with the fall books and Chippewa has one more book to read. Next reading will start in the spring. Jean talked about a report she has to file with the State.

Jeanne has a couple new classes she is involved with, electric pressure cooker classes.
No report available on Craft and Hobby workshop.

Unfinished Business

We thank Dorothy Kaiser for all the work she did on the Fall Luncheon. We talked about having the fall luncheon at a restaurant or courthouse instead of the church because of attendance.

No report on HCE week or first baby.

New Business

Spring Conference thoughts about getting some food catered in from Olson's or Lucy's to the courthouse.

No action taken on Spring District meeting in May. In January, we are going to start collecting plastic bags which will be made into benches.

Breakfast will be held on November 14 at Chippewa Family Restaurant.

Christmas party will be held December 3rd at Avalon at 11:30 for Executive Board.

Meeting close with Prayer Creed

Submitted by: Alberta Koneazny, Secretary

Longview: Dolores handed out the HCE Program books for 2020 and members voted to keep the same officers for 2020. We will be giving a monetary gift to the Legacy Center as our Christmas project. Also we will be collecting plastic bags for our Chippewa County community project that will eventually be made into park benches and decking.

OK: October Meeting: The club thought the Fall Luncheon went well and food was great. Treasurer collected membership dues. Meeting dates have been moved to the third Monday of the month instead of the fourth Monday. We talked about HCE Week and the Northwest District Meeting. Beginning next year we will collect plastic to be used to make benches. Next month we will fill out our books.

November Meeting: Jean Cronquest reported on the Executive Board meeting. Our Spring Conference will be held on April 3rd at the Chippewa Courthouse. We will host the Spring District Meeting in May, hopefully at Faith Lutheran Church. Our OK Christmas party will be held at the Cadott Truck Stop on Monday, December 16th at 12:30 p.m. We will have a white elephant gift exchange. Our officers will remain the same for another year. We have changed our monthly meeting date to the third Monday. We will not have a January meeting this coming year, and we will complete our books in April when more members are present. Jean Cronquest shared some Thanksgiving turkey jokes to close our meeting.

Unlimited: Our November meeting was held at Bridgewater Restaurant hosted by Roberta Culbert. We filled out our new program book, had election of officers and collected dues for the new year. Donations were made for Bookworms and Christmas lights for the park. We will be sending Christmas cards "from Santa" to area residents of an area nursing home. We voted to collect items for prizes to be used at the Dove Healthcare Center. These will be delivered in January. Sharon Rowan was recognized as a 50 year member of HCE. Raffle was won by Donna Diermeyer.

Our December meeting was held following breakfast at the Family Restaurant. Our club met at the Royal Buffet for our annual Christmas Party. We were all surprised when our secret pals were revealed. We drew names again for next year. It was a very snowy day and we laughed at us 70, 80, and 90 year olds being out in such inclement weather. We had a great time with lots of laughs and giggles.

We collected cards signed "from Santa" that are being mailed to residents at Comforts of Home. Next month we will donate items for Dove Health Care to be used as prizes for their games. We will have our usual annual fun of games and prizes to conclude our Christmas Party. Raffle was won by Judy Stephens.



Cultural Arts

Linda Sutherland, State Cultural Arts Chairman, stopped by my house on September 15th on her way to State Conference in Manitowoc and picked up our Chippewa County cultural arts and brought them back to me. We all received blue ribbons at the State Conference.

Our cultural arts were on display at the Chippewa Falls Public Library during HCE week, November 4-9, 2019. See picture.

Fran Sykora helped us make a beautiful Christmas decoration using a dollar store mesh splatter screen and trimmings. See photos.

***Dolores Schryver, Chair
Cultural Arts***

Greetings to all from Jean and Wiggly,



We have completed our Fall reading sessions. Thank you to all the faithful readers who have generously given their time and talents to support this program. We almost finished before the first snowfall, which made driving a lot easier. We will be reading again in late March and April, when Wiggly is no longer hibernating, hopefully when the majority of our snowstorms are behind us and we can look forward to Spring. The third book that we read was "I Like Myself" by Karen Beaumont and illustrated by David Catrow. By using a rhyming text, the child in the story expresses her self-esteem and takes pride in her unique identity. The book encourages the children to express what they like about themselves. The book begins: "I like myself! I'm glad I'm me. There's no one else I'd rather be." Book four is based on the song, "On the First Day of Christmas" that lists Christmas gifts numbered one through twelve. It is called "The First Day of Winter" and is written by Denise Fleming. It describes a snowman being built, beginning with "On the first day of winter my best friend gave to me - a red cap with a gold snap." It continues the story with 2 bright blue mittens on day 2, 3 striped scarves on day 3, up to day 10 with 10 salty peanuts for the snowman's ten toes. The end result is a beautifully decorated snowman. The illustrations were very colorful and the children enjoyed seeing the progress made as each new item was added.

Best wishes to all,
Wiggly and Jean Cronquest, Wisconsin Bookworms Chair

Spring Conference

Spring Conference will be held April 3, 2020 at the Chippewa Courthouse, Room 3. The attendance has been going down and the cost of the meal keeps going up; therefore, your Executive Board decided to try this. We will meet at 9:30, have coffee and goodies followed by our meeting. Margaret Murphy, UW-Madison Division of Extension Horticulture Outreach Specialist, will be our guest speaker and her topic is "Taking Care of Your Trees and Bushes."

We ask that each club have at least two representatives attend. More are welcome. We will have our Arts and Craft contest at this meeting. We can have 12 entries that can go to the state contest in September. It is going to be a long and cold winter, so let's get busy and show off our talents. The list of available entries is in this newsletter.



Special Interest

BINGO Party

February 20 at 1:00 p.m., Chippewa Courthouse, Room 16

We decide to have a bingo party! If you come, we ask that you bring one wrapped \$1.00 prize for each card you want to play. We also have a couple other fun games we might just play. Snacks will be provided. Come and join us for a fun afternoon.

Healthy Cooking for One or Two

March 12, 2020 1:00 p.m.—2:00 p.m., Chippewa Courthouse, Room 13

We will be sharing challenges and successes in healthy cooking for 1 or 2, recipes included!

Message from Jeanne Walsh

Happy New Year to my Chippewa County HCE family!

I say goodbye to 2019, and look forward to 2020 with gratitude and hope. Gratitude for the privilege I have been given of working with such a great group of people and hope as I look forward to another year of planning, learning, and sharing with you all. You have picked out some amazing topics this year for your workshops, and I hope to see many of you in attendance.

As we greet the new year, please be mindful of the outbreak of *E. coli* that our Extension Food Preservation & Food Safety Specialist Barb Ingham shares:



Three dozen more patients and two more states are officially part of an **outbreak of *E. coli* O157:H7 illnesses** traced to romaine lettuce, with **residents in Wisconsin especially hard-hit**. Over 26 individuals are confirmed with an outbreak-linked illness in Wisconsin, the most of any state in the nation.

To date, **138 people across 25 states** have been sickened. There have been 72 people hospitalized and 13 of those have developed hemolytic uremic syndrome (HUS), a type of kidney failure. Patients range in age from less than 1 to 89 years old, with a median age of 26. Their symptoms began on dates ranging from September 20th through December 1st. Federal sources indicate that additional victims are likely to be identified because of the lag time between when a person becomes ill and when their diagnosis is reported.

The Centers for Disease Control and Prevention (CDC) has linked **the outbreak strain of *E. coli* O157:H7** to the same strain that was responsible for outbreaks in 2017 and 2018. Those outbreaks were linked to leafy greens and romaine lettuce, respectively. **The CDC continues to advise that consumers not eat and retailers not sell any romaine lettuce grown in the Salinas, California, growing region. The alert warns against consuming all types of romaine lettuce grown in Salinas: whole heads of romaine, organic romaine, hearts of romaine, romaine in salad wraps, and packages of pre-cut lettuce and salad mixes which contain romaine, including baby romaine, spring mix, and Caesar salad.**

The fact that the same strain is responsible for outbreaks spanning multiple years suggests that the organism may be harboring in the soil or water supply in the growing region.

Public health investigators have linked **bagged salad products from Fresh Express and Ready Pac to the outbreak based on testing by the Wisconsin and Maryland state health departments.**

This holiday season, consider alternatives to a traditional green salad on the buffet: pasta salad, bean salad, potato salad, broccoli salad..... There are many options to keep your family food-safe this holiday.

Published on December 20, 2019 by Barbara Ingham

Have a happy and well 2020,
Jeanne Walsh
Human Development & Relationships Educator
Extension Chippewa County



Sharon Rowan and Jane Kragness celebrating 50 years in HCE

Norma Ausman celebrating 65 years in HCE



2019 HCE Week Library Display



Craft & Hobby Workshop



Executive Board Holiday Luncheon



**Wisconsin Association for Home & Community Education, Inc.
Cultural Arts Show & Contest – 2020 Categories**



1. Painting/Drawing

*Framed or Wrapped.
Easels must have securely
taped label with name,
county, and district.*

- A. Oil
- B. Acrylic
- C. Watercolor
- D. Alcohol Ink
- E. Other

2. Photography

*Photograph must be 8" x
10", unmatd only, in 8½" x
11" plastic. Framed
photographs be
disqualified.*

- A. Color–Landscape
- B. Color– Waterscape
- C. Color – Plants
- D. Color – Animals/
Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black & white/sepia
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Item
- F. Purse or Tote
- G. Pillow
- H. Item made from
recycled materials
- I. Wearable Accessory
(apron, scarf, hat,
etc.)
- J. Other

4. Knitting

- A. Wearable Item
- B. Accessory (i.e., hat,
scarf, mittens)
- C. Afghan
- D. Other

5. Crocheting

- A. Wearable Item
- B. Accessory (i.e., hat,
scarf, mittens)
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Cross Stitch
- D. Other

7. Craft

*Six (6) Cards without
envelopes MUST be
mounted as a group on a
flat sturdy display board
no larger than 14" x 22".*

- A. Cards–paper only-6
- B. Cards–mixed
media-6
- C. Scrapbooking
- D. Craft made from
recycled materials
- E. Handcrafted
doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tatting
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Macramé
- J. Quilling
- K. Other

9. Bed Quilt

*Larger than 60" x 80" or
4,800 sq inches*

- A. Tied
- B. Hand quilted

Machine Quilted by You:

- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted

Professionally:

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

*Smaller than 60" x 80" or
4,800 sq. inches*

- A. Tied
- B. Hand-quilted
- C. Pieced
- D. Appliqued
- E. Embroidered

Machine Quilted By You

*Machine Quilted
Professionally*

- F. Pieced
- G. Appliqued
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall

Hanging *(with hanging
sleeve, NO frame) -- One
(1) item only; no longer
than 50 inches*

- A. Hand Quilted,
fabric
- B. Machine Quilted,
fabric
- C. Other i.e., collage
of assembled
materials or mixed
media

**12. Quilted Table
Topper/Runner**

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

**14. Constructed
Original Item**

- A. Clay/Pottery
- B. Wood
- C. Fabric/Felt
- D. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

**Poem, Non-Fiction,
Fiction**

*Two copies typed on plain
paper with 12 point font,
must accompany the
registration forms. Entries
must not be framed or in
book form. Staple a cover
sheet with the category/title
which is to be centered on
the entry. Name and
county should appear on
the back side. Do not
count "a", "an", and "the"
for either essays or short
stories.*

16. Poem

17. Non-Fiction

*Original, 1 topic; 250-500
words*

18. Fiction

*Original with beginning,
middle and end, 3,000
words or less*

**19. Original Published
Book**

*One copy must accompany
entry.*

**20. Bonus Category –
"Seeing HCE Through
New Eyes", the Fun**

*Category. Limit of one
entry per county. Decorate
a pair of glasses. You may
use any media to construct
your entry.*

*Size restriction - base no
larger than 10"x10" with
maximum height of 20".
Judging - those attending
will vote for their favorite
"Seeing HCE Through New
Eyes" entry. **Have fun!***

**STATE
REGISTRATIONS
DUE BY:
AUGUST 1, 2020**

**Wisconsin Association for Home & Community Education, Inc.
Cultural & Textile Arts Show
2020 Guidelines for County Chairs**



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2020. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show including written entries. A County may enter a total of 12 entries plus one Bonus Category 20. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants MUST sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's county show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work. All easels must have securely taped label with name, county and district.

Color Coding of Registration Forms by Districts:

Central – White
Southeast – Green

Northeast – Yellow
Southwest – Orange

Northwest – Light Blue
West – Pink

Entry Day: Deliver items Sunday (9/20/20) from 7-9pm or Monday (9/21/20) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 18, 2019. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: **Phoebe Shourds**, Cultural Arts Chairperson
401 State Hwy 65, River Falls, WI 54022
Email: pnpaulson@yahoo.com 715-821-1606 (c)

Contact Phoebe with any cultural arts questions.

Cut on the dotted line and send in the **SIGNED** completed Registration Form and Claim Check **with both parts filled out.** You will receive your Claim Check when you bring in the items.

2020 Registration Form

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

2020 Claim Check

Category/Class (example 2D) _____
County _____ District _____
Name (print) _____
Address _____
City/Zip _____
E-mail _____
Phone # _____
Title or Description _____
Are you bringing an easel? Y or N

Peoples' Choice # (Official use only) _____

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: _____ County _____ Date: _____