



Making Memories at 4-H Camp

4-H camp provides a unique opportunity for all youth to develop life skills. It helps youth build confidence and meet new people in a safe, supportive environment! Camp is meant for everyone, and campers come from all walks of life. 4-H staff are committed to making accommodations to ensure that all youth have a chance to learn, grow, and have fun and summer camp!

Why is camp **important**?

Campers and youth counselors both have a lot to gain from camp! For some youth, this is their first time away from home. For others, it is an opportunity to get back together with friends. 4-H camp gives kids the opportunity to develop independence, self-confidence, and master new skills. Youth make new friends and get to spark new interests through camp programs. Camp counselors serve as role models and develop valuable leadership skills that will be useful for a lifetime!



Each camp provides a **unique** experience.

Most camp programs are based on a specific theme each year. Campers are divided into small groups to create a positive learning environment during the program. They participate in a wide variety of activities. Typical activities at camp include: learning sessions taught by counselors or adult volunteers, swimming, canoeing, hiking, campfires, arts and crafts, and more!



We've done this for awhile. **Trust** us!

4-H camps lean on decades of youth development experience using research and best practices endorsed by Extension. 4-H educators use a vast network of camping resources and training to provide the best possible experience for campers. Youth counselors, adult volunteers, and 4-H staff work together to create safety measures for all camp programs. The emotional and physical wellbeing of campers is our top priority. All youth and adult leaders receive training and educational resources to help youth work through their new experiences away from home.



If you're still not sure how camp may be a fit for your youth member or if you need to know about special accommodations, please reach out to your local 4-H educator!





Go Pack!

Going to summer camp means you need to pack your bags for a fun time! The items below are important items to bring pack. Before you leave for camp, you should make sure you have everything you need. See if you can track down all of the items and practice getting packed for your big adventure.

Sleeping Bag

Pillow

Pajamas

Sweatshirt for nighttime

3 pairs shorts/pants & t-shirts

Underwear

Swimsuit

Water Bottle

Closed toe shoes (tennis shoes)

Waterfront shoes (crocs or sandals)

Toothbrush/Toothpaste

Shampoo/Conditioner

Towel

Sunscreen

Sunglasses

Hat

What did we miss?

Were there some items that you think should be on the list? List them here, and then try and get everything packed to make sure you can carry it all! Remember, you can't bring everything!



Every camp is different!

Some camps require that you bring certain items. Make sure you also check with the camp you're attending to see if there is anything special you need to bring along.